

Dr. James E. Vogel



# Solutions

Dr. James E. Vogel  
Voted 2011  
& 2012

Top  
Doctor

Baltimore  
BALTIMOREMAGAZINE.NET

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## Dr. Vogel Named a Top Doc by Baltimore Magazine for 3rd Year in a Row!

### Enjoy 0% Financing for 12 months!

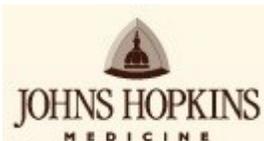
We offer **low monthly** payment plans through CareCredit so you can get the cosmetic procedure You Want – Today!

[Learn more >>](#)

CareCredit



*Solutions* is the official newsletter from the office of Dr. James E. Vogel Board Certified Plastic Surgeon Associate Professor of Plastic Surgery Department of Plastic Surgery The Johns Hopkins Hospital



JAMES E. VOGEL, MD, FACS

In his 24 years of practice, Dr. James E. Vogel has established himself as a caring and respected cosmetic surgeon. A Johns Hopkins-trained plastic surgeon and chosen by his peers as a *Baltimore* magazine Top Doctor, Dr. Vogel provides each patient with unparalleled care tailored to their unique aesthetic goals. Dr. Vogel was recently promoted to Associate Professor at the Johns Hopkins School of Medicine and receives numerous invitations each year to present at national and international conferences. Recently he was honored with the position of 2013-2015 Traveling Professor for the American Society for Aesthetic Plastic Surgery (ASAPS).

A member of the American Board of Plastic Surgery, Dr. Vogel performs surgery in his private state-of-the-art, certified-and-state licensed surgical facility, which is proud of its 100% anesthesia safety record. He also provides *pro-bono* surgery for The Operation Restore Program, as well as devoting time to numerous local charities.

Trust, according to Dr. Vogel, is the most important part of the doctor-patient relationship. Dr. Vogel's philosophy is to provide compassionate surgical care, very natural appearing results, and exceed patient expectations.



4 Park Center Court • Owings Mills, MD 21117  
410-484-8860 • [DrVogelPlasticSurgeon.com](http://DrVogelPlasticSurgeon.com)

# BELOTERO BALANCE®

As we age, the skin loses its youthful appearance as the production of natural support structures diminish. Over time, those structures such as hyaluronic acid, commonly called HA, begin to disappear, resulting in wrinkles. Belotero is an injectable filler that quickly integrates into your skin filling in facial wrinkles.<sup>1</sup> With Belotero, you can replace lost HA caused by the natural aging process. Once injected, it instantly fills in the skin and smoothes out wrinkles on your face. Use Belotero to get the results you want for the look you deserve.

## BELOTERO BALANCE® Dermal Filler and Other Fillers

While Belotero is made of the same material (HA) as some other dermal fillers, Belotero has unique properties that allow it to adapt within the skin for soft and even correction. The versatility of the product makes it strong enough to handle deep treatment areas such as nasolabial folds (smile lines around the mouth) as well as more delicate areas such as vertical lip lines (thin lines that appear above the lip line).

### Treatment

Belotero is injected into the skin using a very fine needle, filling in your wrinkles right before your very eyes. Not only are results with Belotero instant, they are proven to last. In a clinical study, many patients saw results that lasted about six months or more<sup>1</sup>. Belotero may be used in the following treatment areas:

- Smile lines\*, also called nasolabial folds, which run from the sides of the nose to the corners of the mouth
- Vertical lip lines\*, which form above the upper lip
- Corners of the mouth\*, which can turn downward and give the look of a constant frown
- Marionette lines\*, which begin at the corners of the mouth and extend down toward the chin

### What to Expect

Treatment with Belotero is a safe, simple procedure performed in our office. These quick treatments, which consist of injections with a fine needle, are often complete in just 30 minutes. After injection into the skin, Belotero instantly plumps the skin and smoothes facial wrinkles. With little or no downtime needed, you'll likely leave our office and go right back to your regular routine - looking naturally more youthful and refreshed.



## New Testimonials

Everything went exceptionally well & exceeded my expectations. Dr. Vogel & all his employees are consummate professionals, yet down-to-earth enough to make the patient feel very comfortable. The doctor & his staff listen very well & work hard to provide explanations & keep expectations realistic, while orchestrating great outcomes & keeping the patient happy. I cannot describe how fortunate I feel to have gone to Dr. Vogel.

Dr Vogel's reputation was the main reason for scheduling this procedure with his team. My overall experience with the group is the reason why I would return to his practice and recommend his services to both friends and my patients.

I am in the healthcare field and I thought the thoroughness of the pre-op preparation was just outstanding. It was very helpful that the staff could speak from person experience which I found very helpful for my own experience. I thought Dr. Vogel & his staff displayed the very best in patient centered care. I has highly impressed

I loved everything about my experience! Everyone was so nice and helpful. I felt comfortable and the staff made me feel at ease with the whole procedure. This procedure had changed the way I look and feel about my appearance in a great way! I am very glad I was referred to Dr. Vogel and I have told many people about his practice and staff.

I was extremely satisfied with the service I received. All of the staff seemed extremely knowledgeable and very helpful. I felt very comfortable the moment I stepped foot in your office. I have and will continue to recommend your practice to my friends and family. I appreciate your kindness and willingness to listen to what my needs were and left me feeling great after my surgery. I am forever grateful for the life changing experience I received and will definitely return for further changes.

From initial consult to the final result, everyone made me feel comfortable, whether physically or mentally. Completely at ease. Sounds stupid, especially considering surgery was involved, but it was a wonderful experience! Super friendly people.

Read many more patient testimonials and reviews at

<http://www.realpatientratings.com/James-E-Vogel/>

Buy One Syringe of Belotero &  
Get a Syringe FREE!!!

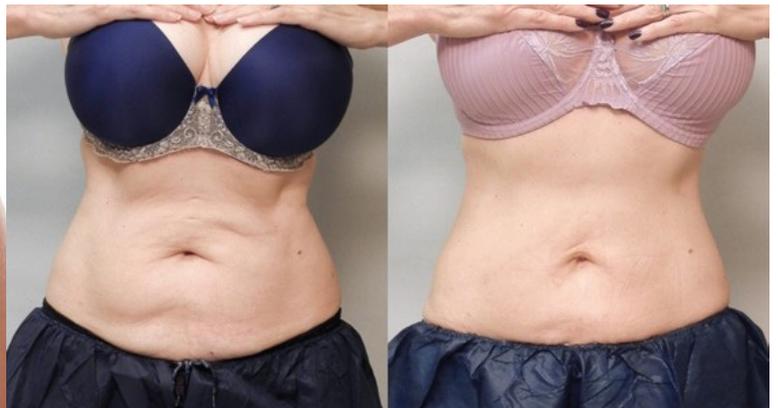
Mention this Newsletter now through February 28th 2014 to receive this offer. Offer not valid with any other discounts, specials or VIP card.



**LOSE FAT SAFELY,  
WITHOUT  
SURGERY OR  
DOWNTIME!?! HOW?**

**ATTEND OUR EDUCATIONAL EVENT  
TO FIND OUT**

Wednesday, January 22<sup>nd</sup> 5pm-7pm  
Ruth's Chris Steakhouse • Pikesville, MD  
RSVP 410.484.8860



Dr. Vogel's patient following CoolSculpting.



Laser hair removal is the only way to permanently reduce hair growth. Excessive hair growth in unwanted areas can be due to genetics or medical conditions. Laser hair removal is commonly used to remove unwanted hair on the face, neck, armpits, chest, back, bikini area, arms, and legs. Prior to a treatment, you should have a consultation with our office to learn about the process, the side effects and whether you are a good candidate for the procedure, based on hair color, skin tone and hair characteristics. The most effective period to have laser hair removal performed is during the colder seasons. This is largely due to the fact that you are more likely to stay out of the sun thus ensuring you don't get a tan and can comfortably do each laser hair removal session without any draw backs!

**Why tanning is a NO while being treated by laser hair removal:**

When tanning (including artificial spray on tans) you increase the melanin in the skin which laser is attracted to. This causes complications such as burning and skin discoloration, as well as causing the skin to be light sensitive when laser hair removal treatment is being performed on you.

**Laser hair removal benefits:**

- Be beach ready all year round
- Saves you on grooming time
- Saves you money on hair removal products
- Smooth, sexy and hair free skin with no bumps or cuts

*Special Promotion*  
**Enjoy 20% Off Per Session**  
Approximately 6 sessions recommended, 6-8 weeks apart

Mention this Newsletter now through February 28th 2014 to receive this offer. Offer not valid with any other discounts, specials or VIP card.



**FREE!** \$250 *for them.* \$20 *for YOU.*  
\$500 *for them.* \$50 *for YOU.*

Restrictions apply.  
Gift Certificates must be purchased by Jan 31st 2014.  
Ask for details.

endermologie  
body contouring & anti-cellulite

WITHOUT SURGERY



#### How does it work?

Endermologie involves the use of a motorized device with two adjustable rollers and controlled suction, which creates a symmetrical skin-fold, temporarily stimulating circulation to the area. The skin gently folds and unfolds under the continuous action of the rollers allowing for smooth and regulated deep tissue mobilization. It feels like a massage! Also aids in lymphatic drainage, circulation, and recontouring of the body.

#### How many treatments should I consider to begin with?

A series of 15 sessions would be a good start to achieve results. The first 6 treatments are suggested within a 3 week time period, then the rest of the treatments should be received twice a week until desired look is achieved. After the desired look is achieved, a once a month maintenance is sufficient for most individuals.

#### How long should I continue my treatments?

We suggest that you approach cellulite treatment as a lifestyle change. Just as we go to have our hair cut on an ongoing basis, we need our cellulite treated regularly as well. If we don't address the problem in such manner, cellulite will come back. Some clients enjoy maintenance treatments every 3-4 weeks, others every couple of months.

#### Does the procedure hurt?

No! It's relaxing, in fact! With our highly trained esthetician Lucy, and the machine's capability of changing intensity, you won't be in pain. This non-invasive, relaxing treatment involves no medical procedures or use of any chemical substances, creams or gels.

#### Do I need to do anything to get good results?

Yes. Drink sufficient amounts of water.

#### Does this treatment work on men also?

Definitely. Even though men are not prone to develop cellulite, they might have loose skin, or some fat trapped under the skin, that can be improved by the treatments. Clinical experience has shown excellent results for problem areas such as "love handles" and loose pectoral tissue. It is an excellent skin toner, therefore it is the best choice to treat the skin after weight loss that resulted in loose skin.

#### Are the results permanent?

If the factors causing the initial condition are not changed, the tissue will return to the state it was in before Endermologie. Regular exercise, a balanced diet and 1-2 Endermologie maintenance treatments per month are recommended to help keep the results achieved.



Buy a package of 4 sessions,

Receive the 5th session **FREE!**

(Discount based on standard price of \$100 Per Sessions)

Offer expires February 28th 2014. Not valid with other offers, discounts or VIP card



**coolsculpting**  
 A non-surgical and  
 natural way to  
 eliminate  
 stubborn fat for both  
 men and women

No matter what you do, stubborn fat still haunts your waistline. You've tried dieting, you've tried exercise, but nothing seems to help. Liposuction is one option, but some women and men don't want to undergo surgery.

CoolSculpting is an FDA-cleared alternative to liposuction that uses Cryolipolysis™ fat-freezing technology to safely and effectively kill unwanted fat cells. No anesthetic is needed, and no incisions need to be made. You will be ready to return to your regular routine right after treatment. With targeted cooling, your fat is safely chilled to damage the fat cells without harming surrounding skin or tissue. During the weeks following your procedure, your body will naturally eliminate the damaged fat cells, leaving you looking slimmer.

**How long does CoolSculpting take?**

Each treatment can last anywhere from one to several hours, depending on the size of the area being treated. We will tell you during the consultation how many hours you will require. If you require more than two hours, these sessions can be broken up over several days or can be scheduled all together in one sitting.

**Is it painful?**

CoolSculpting is a gentle and entirely non-invasive procedure. It does not require any anesthesia or pain medication. Most patients experience no pain or minimal discomfort. While having the procedure you can read a book, listen to music or simply take a nap. While everything necessary will be provided, you are welcome to bring any additional comforts of home, such as ipod/ipad, music, laptop, or reading material.

**When will I see results?**

You may start to see changes as quickly as 3 weeks after your treatment, and should experience the final results after about 2 months. Your body will continue flushing fat cells for up to 6 months.

**Are the results permanent?**

Yes. When you have your CoolSculpting procedure, the treated fat cells will be eliminated. As long as you maintain your weight with diet and exercise, your long term results should remain stable.

**Can I return to normal activities after my procedure?**

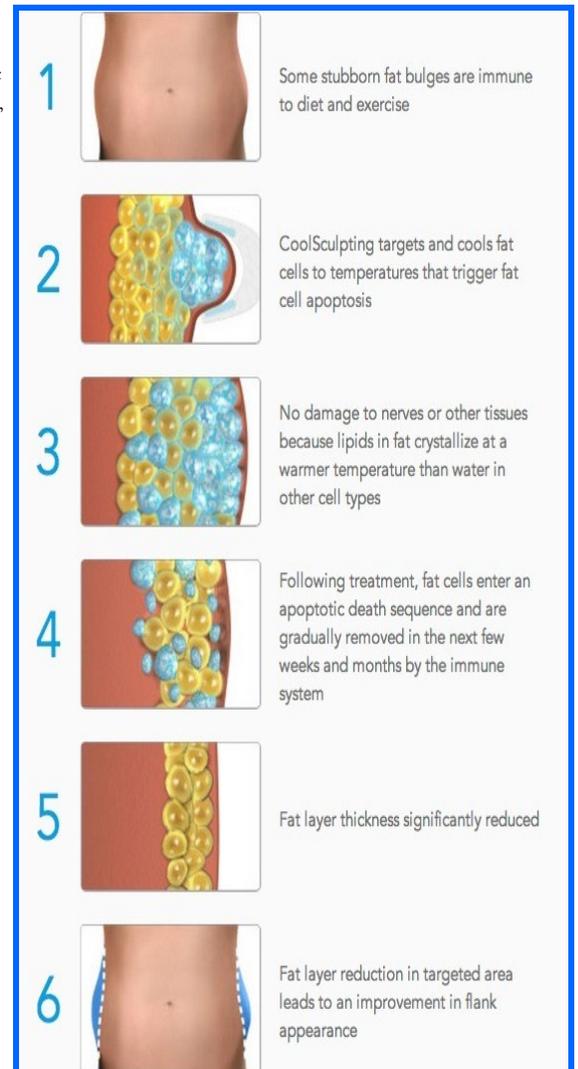
Yes! The CoolSculpting procedure is completely non-invasive, so you can return to normal activities immediately. Some patients experience redness, minor bruising, tingling or numbness in the treated area, but this is only temporary.

**Who is a candidate for CoolSculpting fat reduction?**

CoolSculpting is designed for a very specific patient who has small amounts of “stubborn” fat that won't respond to their best diet and exercise efforts. To determine if you are an eligible candidate, [schedule a consultation](#) today.

**How much does CoolSculpting cost? How many treatments will I need?**

The price for CoolSculpting varies, depending on your areas of concern, the number of treatments needed and your ultimate goals. During your consultation we can assess you in person to help estimate the cost. Typically, you'll see a noticeable reduction of fat in the treated area after one visit, but you may appreciate even more fat reduction with additional treatments.



**\$ 1 0 0 Off CoolSculpting Package**

Mention this Newsletter now through February 28th 2014 to receive this offer. Offer not valid with any other discounts, specials or VIP card.