

**If you have photographs of yourself that you would like to have Dr. Vogel review, please use the upload buttons on the website to send them to us.**

Photograph instructions:

- Use a solid background
- Do not include the face on any body photographs
- Do not include jewelery/piercings/tattoos if possible
- Breasts..... send at least a front view and a side view
- Abdominoplasty and/or liposuction/liposculpture.....send at least front view, side view, and back view
- With body shots - keep hands on breasts with elbows extended
- For facial photos refrain from smiling

## **Examples**

*Front*



*Side*

